

SWIMMING EVENTS

Age Group	25-29	30-34	35-39	40-44	45-49	50-59	60-64	65-69	70-74	75-79	80+
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EVENT	TICK	NOMINATED TIME	EVENT	TICK	NOMINATED TIME
400m Freestyle			4 x 25m Medley Relay		
50m Breaststroke			100m Freestyle		
100m Backstroke			25m Breaststroke		
50m Butterfly			100m Butterfly		
25m Freestyle			50m Freestyle		
100m Breaststroke			50m Backstroke		
25m Backstroke			100m Individual Medley		
200m Breaststroke*			25m Butterfly		
200m Backstroke*			200m Freestyle		
200m Butterfly*			4 x 25m Freestyle Relay		

NB: events marked with an * will be run concurrently; can only enter one stroke | entries limited to 5 individual events plus teams
Relay teams to be registered on the day

Competitors must either be a member of Masters Swimming SA or purchase insurance at the event for an additional \$5

